



## Nutritional Facts

	Serving Size	Calories	Calories (from fat)	Total Fat (g)	% of Daily Value*	Saturated Fat (g)	% of Daily Value*	Trans Fat (g)	Cholesterol (mg)	% of Daily Value*	Sodium (mg)	% of Daily Value*	Carbohydrates (g)	% of Daily Value*	Dietary Fiber (g)	% of Daily Value*	Sugar (g)	Protein (g)	Vitamin A	Vitamin C	Calcium	Iron
Naked Cake	78g	280	140	15	24	7	33	0	0	0	350	14	32	11	1	3	11	3	0	0	6	8
Good O'l Glazed	98g	340	140	15	24	7	33	0	0	0	350	14	49	16	1	3	27	3	0	0	6	8
Cinnamon Sugar	83g	300	140	15	24	7	33	0	0	0	350	14	37	12	1	3	16	3	0	0	6	8
Chocolate Top	98g	340	140	16	25	7	34	0	0	0	350	15	47	16	1	5	24	4	0	0	8	10
Nutty Vanilla	104g	390	180	20	32	7	37	0	0	0	350	15	48	16	2	7	25	4	0	0	8	10
Coo Coo for Coconut	104g	370	160	19	29	9	45	0	0	0	370	15	50	17	2	7	27	4	0	0	8	10
Sprinkles								0	0	0									0	0		
Topless Chocolate	78g	270	140	16	24	7	34	0	0	0	310	13	32	11	1	6	12	4	0	0	6	8
Chocolate Glazed	98g	330	140	16	24	7	34	0	0	0	310	13	48	16	1	6	27	4	0	0	6	10
Cocoloco	83g	290	140	16	24	7	34	0	0	0	310	13	37	12	2	6	16	4	0	0	6	8
Lot's O Chocolate	98g	330	140	16	25	7	35	0	0	0	310	13	46	15	2	9	25	4	0	0	6	10
Nutty Chocolate								0	0	0									0	0		
DON King	104g	370	160	18	28	9	44	0	0	0	330	14	51	17	2	7	30	4	0	0	6	10
Raspberry	100g	340	140	16	24	7	34	0	0	0	310	13	49	16	2	6	28	4	0	0	6	10
Chocolate Spinkles																						
Lemon Poppy	98g	340	140	16	24	7	33	0	0	0	350	14	48	16	1	3	27	4	0	0	8	8
French Toast	100g	350	140	15	24	7	33	0	0	0	350	14	50	17	1	3	29	3	0	0	6	8
Pumpkin	112g	380	140	16	24	7	33	0	0	0	420	18	56	19	1	4	30	4	0	0	8	10
Raspberry Bunny	107g	380	160	18	27	9	43	0	0	0	350	15	53	18	1	4	32	4	0	0	6	8
Strawberry Shortcake								0	0	0									0	0		
Grasshopper								0	0	0									0	0		
Yeast Raised Glazed								0	0	0									0	0		
Yeast Cinnamon Twist								0	0	0									0	0		
Vanilla Cinimini (1 mini)	23g	80	35	4	6	2	9	0	0	0	80	3	10	3	0	0	5	1	0	0	2	2
Cocoloco (1 mini)	23g	80	35	4	6	2	9	0	0	0	80	3	10	3	0	0	5	1	0	0	2	2
Baby O (1 mini)	23g	80	35	4	6	2	9	0	0	0	80	3	10	3	0	0	5	1	0	0	2	2
Raspberry Bunny (1 mini)								0	0	0									0	0		

\* Percent of Daily Values (DV) are based on a 2,000 caloric diet. Your daily values may be higher or lower depending on your calorie needs. For additional information, please contact Mighty-O 206-547-0335 or email [info@mightyo.com](mailto:info@mightyo.com)